

# WHAT IS EDUCATIONAL THERAPY?

**Educational Therapy** offers children and adults with learning disabilities and other learning differences a wide range of intensive, individualized interventions designed to remediate learning challenges and build resilience.

Educational therapy demystifies learning differences and stimulates clients' awareness of their strengths so they can use those strengths to their best advantage to overcome or compensate for areas of weakness.

Educational therapists create and implement a treatment plan that utilizes information from a variety of sources including the client's social, emotional, psychoeducational, and neuropsychological profiles.



*Empowering Professionals,  
Nurturing Learners*

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## EDUCATIONAL THERAPY

*Optimizing learning potential.*



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## WHO ARE AET EDUCATIONAL THERAPISTS?

AET-qualified Educational Therapists have met high educational, philosophical, and ethical standards to support their clients.

- **AET Associate Educational Therapist** members are highly trained professionals, with graduate-level degrees and documented educational backgrounds in special education, educational assessment, and the philosophy and practice of educational therapy.
- **AET Educational Therapist/Professionals (ET/Ps)** have completed additional supervised hours with a Board Certified Educational Therapist and have logged at least 1500 hours of direct service with clients.
- **AET Board Certified Educational Therapists (BCETs)** have reached the highest level of professional qualification by completing a Master's Degree in a field related to educational therapy and meeting additional requirements including submitting a comprehensive case study and passing a best practices exam.

## WHO BENEFITS FROM THE SUPPORT OF AN AET EDUCATIONAL THERAPIST?

- **Adults, adolescents, and children** with learning differences who need personalized intervention plans and one-on-one support to remediate deficits and promote strengths and abilities.
- **Students and employees** with executive function challenges who need assistance to take control of their time management, thinking strategies, memory, and organization.
- **Learners** who have given up the hope to learn.
- **Bright students** who are not thriving at school.
- **Parents** who want to learn how to support their children.
- **Allied Professionals** who need to understand the learner's perspective.
- **Pediatricians** who need a better understanding of learning differences.

### Working Together in a Multidisciplinary Team

**AET Educational Therapists work** closely with Allied Professionals such as psychologists, diagnosticians, pediatricians, educators, speech-language pathologists, occupational therapists, and other professionals to provide comprehensive support to their shared clients.

### Find an AET Educational Therapist

Trusted, trained, and professional AET Educational Therapists may be found by accessing the **Find an ET** resource at [AETonline.org](http://AETonline.org)

## WHAT'S THE DIFFERENCE BETWEEN AN EDUCATIONAL THERAPIST AND A TUTOR?

While a tutor generally focuses on teaching specific subject matter, an educational therapist's focus is broader. Educational therapists work as a team with parents, teachers, and other professionals to set goals and develop an intervention plan that addresses not only academic difficulties, but also psycho-educational and socio-emotional aspects of life-long learning through an eclectic combination of individualized intervention strategies.

## AREAS ADDRESSED BY EDUCATIONAL THERAPISTS

